

70x90mm

RGB 60 191 240  
CMYK 64 9 2 0  
#3CBFF0

RGB 138 139 142  
CMYK 0 0 0 55  
#8A8B8E

RGB 29 29 27  
CMYK 0 0 0 100  
#1D1D1B

RGB 196 230 249  
CMYK 21 0 0 0  
#c4e6f9



BALANCE

Smart scale

User Manual

proove

One-click sync

Mobile&Device

IOS 7.0

Android 4.3

Bluetooth 4.0

For First Use

1. Battery Installation

Open the battery door, put into batteries with correct polarity.

2. App Installation

Scan the QR code on the above, or download "FitGo" from App Store or Android Google Play.

3. Registration

Turn on bluetooth on mobile device, run the App"FitGo", follow the App instructions.

12 parameters in 1 measurement

Weight

BMI

Fat

Water

Muscle

Bone

BMR

Obesity Degree

Visceral Fat

Protein

Body Age

Lean Body Weight

Multi Users

8 users share one user account in the device.

Target weight

Users can set their own target weight to customize their own health plan.

Attention

1. Do not use the scale on people who have body implants such as a pacemaker, artificial limbs, contraceptive devices, or metal plates or screws. It may cause the device to malfunction or produce an inaccurate result. When in doubt, consult your physician.

2. Please make sure good contact between bare feet and the metal electrodes, otherwise it will display your weight only.

3. Ensure the scale is on a flat, even and firm surface. Avoid carpet or soft surfaces.

4. The surface of the scale will be slippery if wet. Please make sure both the glass and your feet are dry before use.

5. This scale is not water proof. Do not expose to moisture.

6. Clean the scale with a slightly damp cloth. DO not use any chemical/abrasive cleaning agents to clean the scale.

7. Please remove the batteries, if the scale is not to be used for a long time.

8. The appliance is intended solely for domestic use within the home.

9. Children should be supervised to ensure that they do not play with the appliance.

10. When weighing for the first time, there is a big difference in weight reading. The electronic scale will be automatically adjusted when it is used for the first time or after being moved. The weighed data includes the weight of the product itself, and accurate data can be obtained by weighing again.

11. Why are the weighing data different on different grounds? Because of the highly sensitive sensor systems of electronic scales, weighing needs to be placed on a flat and firm surface (such as uneven ground or placed on a carpet or foam floor mat will cause the weighing data to be inaccurate)

12. Reasons for inconsistent weighing data

Unsteady posture: body shaking, etc. make it difficult to lock the data during weighing. It is recommended to stand steadily in the center of the electronic scale

Ground factor: If the ground is uneven or placed on an unstable surface such as a carpet, foam pad, etc., the weighing data will be incorrect.

An important point - It is recommended to stand steadily in the center of the electronic scale.

Specifications

Material: ABS plastic + tempered glass

Maximum load: 180kg

Battery: 2 x AAA batteries

Support: Bluetooth

LED Display: 75x31mm

Product size: 280x280x22mm

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